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John S. West Troutman Pepper The challenges for people experiencing homelessness and substance use disorders are complex. CARITAS offers long-term solutions. Last year brought a sea of change. We maintained rigorous health and safety standards, and our essential programs continued. The CARITAS Center opened, providing more resources for women in crisis and those transitioning from recovery programs to independent living.

When arriving at our door, people are scared, alone, and dealing with traumas too heavy to carry. Their negative experiences reach beyond their own lives. Relationships end. Jobs are lost. Families are broken. Sometimes it takes multiple attempts at recovery or a longer stay in a shelter before permanent transformation takes root in someone's life.

Our programs give space for the healing that must happen and the tools to sustain it. Thank you for your continued support of these men and women working to transform their lives. With your help, CARITAS is making ripples that turn into lifechanging waves.

Sincerely,

Karen J. Stanley President & CEO

Just as ripples spread out when a single pebble is dropped into water, the actions of individuals can have far-reaching effects. – Dalai Lama

# CARITAS creates a safe place to heal and time to rebuild.

# **Emergency Shelter**

The emergency shelter program gives men and women solid ground during their experience with homelessness and a chance to rebuild. The Women's Emergency Shelter, now permanently located in the CARITAS Center, continues to be the only provider of emergency shelter for single women in our community. CARITAS provides 64 beds a night to men and women across our two campuses.

#### **RIPPLES MADE:**







# **Furniture Bank**

The Furniture Bank remained open and ready to help even as the pandemic limited operations for many of our community partners. It was more important than ever for families and individuals to receive household essentials so they could focus on maintaining employment and a stable home. To better serve these families, we created a safe curbside pick-up and drop-off system.

### **RIPPLES MADE:**

**653** households received furniture and household items **80+** amazing community partner agencies 879 beds distributed

# Works

The onsite women's shelter and brand new Recovery Residences have opened new doors for men and women who could benefit from the workforce development program. We began offering Works to more CARITAS program participants who can easily access the resource while they're here.

## **RIPPLES MADE:**

52 men and women completed Works **388** Workforce Development classes 85% of those who completed the program found employment





The Healing Place for Men has been a resource, a community and a home for men taking the courageous step to heal from substance use disorders for 17 years. With The Healing Place for Women now open in the CARITAS Center, women are finding the support they need to begin life in recovery. As men and women in The Healing Place program physically heal, their relationships with family, friends, and employers heal, too.

#### **RIPPLES MADE:**

765 men and women served **44,000** nights of recovery shelter **109,000** hours of recovery education



# **Recovery Residences**

Our newest program, the Recovery Residences, gives people in early stages of recovery a safe community as they transition to self-sufficiency. As a stateapproved Harm Reduction site, residents and CARITAS staff attend REVIVE! training where they receive and learn to administer Narcan, which is an important tool to prevent overdose deaths.

#### **RIPPLES MADE:**

**109** individuals living in the Recovery Residences

230+ individuals staff and participants trained and supplied with Narcan **18** months operating a sober-living community

"The images I have created are meant to evoke a sense of peace, healing, and transformation."

> -Shaylen Amanda Broughten one of six local artists who painted murals throughout the CARITAS Center

July 1, 2020 - June 30, 2021 Income Contributions and Grants \$4,474,111 Investment Income \$162,709 **Program Services** \$1,415,667 Other \$82,210 Total \$6,134,697 Expenses Administration \$801,328 Fundraising \$531,857 **Program Services** \$4,853,262 Total \$6,186,447 Assets Cash & CARITAS Center Investment \$19,069,997 \$62,625 Inventory **Property & Equipment** \$2,496,417 Endowment \$832,598 Other \$221,605 \$22,683,242 Total Liabilities and Net Assets **Total Liabilities** \$1,101,401 Total Net Assets \$21,581,841 \$22,683,242 Total

**Financials** 

\*\*990s for CARITAS and The Healing Place can be found at www.caritasva.org.

"It is the people who have gone before me and the people who have guided me through this process to whom I owe a huge amount of gratitude...I can only show it by giving back." -Rebecca, Peer Mentor, Class 80

# YOU bring the CARITAS mission FURTHER

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The pandemic couldn't stop our wonderful volunteers! In-person volunteering paused for the safety of everyone, but it didn't stop you from caring for our community. Organizations, businesses, and individuals made cleaning and welcome kits for shelter and THP program participants, participated in furniture builds, dropped off meals, and so much more.

Thank you for showing up in so many ways!

"It's amazing to watch someone you've been of service to be there for the people coming behind them."

- Benjamin Carr, Senior Manager of Recovery Residences